



# Learning Modalities Instructional Preferences

	<b>Visual</b>	<b>Auditory</b>	<b>Kinesthetic</b>
<b>Study Methods</b>	<p>Most effective when</p> <ul style="list-style-type: none"> <li>takes written notes and reviews</li> <li>takes picture notes</li> <li>uses charts, maps, filmstrips, flashcards</li> <li>has work that is neat and orderly</li> </ul>	<p>Most effective when</p> <ul style="list-style-type: none"> <li>talks self through problems &amp; assignments</li> <li>discusses assignments with others</li> <li>listens to tapes</li> <li>works in quiet environment</li> </ul>	<p>Most effective when</p> <ul style="list-style-type: none"> <li>touches and manipulates objects</li> <li>has something in hand, can chew gum, eat or drink</li> <li>writes things down</li> <li>doodles</li> <li>allowed to make noise</li> </ul>
<b>Reading</b>	<p>Learns best with</p> <ul style="list-style-type: none"> <li>sight word approach</li> <li>“look-say” method</li> <li>visualizing</li> <li>imagining scenes</li> <li>attending to pictures and context clues</li> </ul>	<p>Learns best with</p> <ul style="list-style-type: none"> <li>phonic approach</li> <li>listening &amp; repeating</li> <li>subvocalizing, moving lips when reading</li> <li>engaging in dialogue</li> </ul>	<p>Learns best with</p> <ul style="list-style-type: none"> <li>multi-sensory approach</li> <li>high action stories</li> <li>acting out stories</li> <li>role playing &amp; doing simulations</li> </ul>
<b>Spelling</b>	<p>Learns best when</p> <ul style="list-style-type: none"> <li>recognizing sight words</li> <li>attending to configurations of words</li> <li>using flash cards</li> <li>looks at words to see if they “look right”</li> </ul>	<p>Learns best when</p> <ul style="list-style-type: none"> <li>sounding letters out</li> <li>verbally reviewing spelling words</li> <li>following dictated sentences, repeats letters to check if they “sound right”</li> </ul>	<p>Learns best when</p> <ul style="list-style-type: none"> <li>tracing spelling words</li> <li>writing words in air or with fingers on desk</li> <li>feeling raised or sandpaper letters, writes words to determine if they “feel right”</li> </ul>
<b>Handwriting</b>	<p>Learns best with</p> <ul style="list-style-type: none"> <li>visual modes of good handwriting are on desk and on display</li> <li>making a strong visual image &amp; copying</li> <li>has good handwriting with good space &amp; size</li> </ul>	<p>Learns best with</p> <ul style="list-style-type: none"> <li>saying strokes while writing</li> <li>talking self through shapes of letters</li> <li>tends to write lightly &amp; prefers fine line writing instrument</li> </ul>	<p>Learns best with</p> <ul style="list-style-type: none"> <li>using large muscles to write</li> <li>physically walking through strokes</li> <li>using broad writing instrument</li> <li>has large spacing to write</li> </ul>
<b>Mathematics</b>	<p>Best at</p> <ul style="list-style-type: none"> <li>memorizing math facts</li> <li>visualizing process when doing word problems</li> </ul> <p>Programs &amp; Materials</p> <ul style="list-style-type: none"> <li>visual memory cards</li> <li>flashcards</li> <li>Number Blox</li> </ul>	<p>Best at</p> <ul style="list-style-type: none"> <li>verbally talking through process</li> <li>step by step math</li> <li>verbally repeating facts with rhythm and music</li> </ul> <p>Programs &amp; Materials</p> <ul style="list-style-type: none"> <li>tapes and records</li> </ul>	<p>Best at</p> <ul style="list-style-type: none"> <li>practical application</li> <li>counting and manipulating objects</li> </ul> <p>Programs &amp; Materials</p> <ul style="list-style-type: none"> <li>Touch Math</li> <li>Work jobs</li> <li>Finger Math</li> <li>Number Blox</li> </ul>

- Cuisenaire rods