



Learning Modalities Instructional Preferences

	Visual	Auditory	Kinesthetic
Study Methods	<p>Most effective when</p> <ul style="list-style-type: none"> takes written notes and reviews takes picture notes uses charts, maps, filmstrips, flashcards has work that is neat and orderly 	<p>Most effective when</p> <ul style="list-style-type: none"> talks self through problems & assignments discusses assignments with others listens to tapes works in quiet environment 	<p>Most effective when</p> <ul style="list-style-type: none"> touches and manipulates objects has something in hand, can chew gum, eat or drink writes things down doodles allowed to make noise
Reading	<p>Learns best with</p> <ul style="list-style-type: none"> sight word approach “look-say” method visualizing imagining scenes attending to pictures and context clues 	<p>Learns best with</p> <ul style="list-style-type: none"> phonic approach listening & repeating subvocalizing, moving lips when reading engaging in dialogue 	<p>Learns best with</p> <ul style="list-style-type: none"> multi-sensory approach high action stories acting out stories role playing & doing simulations
Spelling	<p>Learns best when</p> <ul style="list-style-type: none"> recognizing sight words attending to configurations of words using flash cards looks at words to see if they “look right” 	<p>Learns best when</p> <ul style="list-style-type: none"> sounding letters out verbally reviewing spelling words following dictated sentences, repeats letters to check if they “sound right” 	<p>Learns best when</p> <ul style="list-style-type: none"> tracing spelling words writing words in air or with fingers on desk feeling raised or sandpaper letters, writes words to determine if they “feel right”
Handwriting	<p>Learns best with</p> <ul style="list-style-type: none"> visual modes of good handwriting are on desk and on display making a strong visual image & copying has good handwriting with good space & size 	<p>Learns best with</p> <ul style="list-style-type: none"> saying strokes while writing talking self through shapes of letters tends to write lightly & prefers fine line writing instrument 	<p>Learns best with</p> <ul style="list-style-type: none"> using large muscles to write physically walking through strokes using broad writing instrument has large spacing to write
Mathematics	<p>Best at</p> <ul style="list-style-type: none"> memorizing math facts visualizing process when doing word problems <p>Programs & Materials</p> <ul style="list-style-type: none"> visual memory cards flashcards Number Blox 	<p>Best at</p> <ul style="list-style-type: none"> verbally talking through process step by step math verbally repeating facts with rhythm and music <p>Programs & Materials</p> <ul style="list-style-type: none"> tapes and records 	<p>Best at</p> <ul style="list-style-type: none"> practical application counting and manipulating objects <p>Programs & Materials</p> <ul style="list-style-type: none"> Touch Math Work jobs Finger Math Number Blox

- Cuisenaire rods